



WESTMONT NEWS

Spring Edition—Issue 21

A Message from the CEO

I would like to thank all residents, family members, staff, exhibitors and visitors who participated in the Wheels at Westmont on 28 October. It was indeed a wonderful day and all the efforts put in were greatly appreciated. We received an unannounced Assessment Contact Review from the Australian Aged Care Quality Agency on 18 July with all reviewed outcomes receiving a 'met' and a follow-up visit on 18 October has confirmed this.

A quality accreditation visit was also received from the Consumer Affairs Department on 1 August in relation to Westmont Village. Some opportunities for improvement were identified and have been implemented since the visit. With the negative publicity that has been focussed on our industry in the National media recently, it is a timely reminder that we must be ever vigilant in our operations to ensure we meet quality standards and outcomes. The degree of scrutiny is justifiable as we are dealing with the wellbeing and health of our older people.

Please have a happy holiday period and if you are travelling, travel safely and we look forward to telling you more about Westmont in the New Year.

Peter de Koeper—CEO

Homestead Happenings

Spring has arrived, and the glorious weather is giving the residents an opportunity to enjoy some fresh air and exercise.

The Homestead experienced an outbreak of Gastroenteritis in August, which lasted for 22 days.

Staff responded with commitment and professionalism and a lot of hard work, to ensure our procedures managed the outbreak.

The residents were very understanding during this period and extremely supportive and appreciative of the effort put in by all staff.

Following this outbreak, we have had an independent infection control audit, the recommendations will be used as part of the review process, and for continuous improvement.

The benchmarking report which audits our quality performance for July – September have been received.

Pressure injuries have decreased by 23.77% in this period, and the Westmont result remains above the industry benchmark, with evidence that clinical practice is preventing stage progression and prompting healing.

Angela McInnes—Director of Care and Clinical Services

The Homestead continues to have a 100% occupancy. We have had eighteen admissions for permanent residential care and twenty-five have experienced respite care in the last four months.

Our waiting lists for permanent and respite is extensive.

Please feel free to contact me to discuss your future planning for residential and respite care at the Homestead.

Those prospective residents currently on our wait list are asked to advise me if your circumstances change.

Aileen Bertram—Admissions and ACFI Manager

Dates for your Calendar

**Family Meeting
(Homestead)**

27 November @ 5.30pm

**Carols by the Windmill
(Homestead)**

5 December @ 7.00pm

**Carols by the Green
(Apartments and Villas)**

12 December @ 7.00pm



MERRY CHRISTMAS
AND A HAPPY NEW YEAR

Community Care

Community Care staff are providing excellent home care services to many people in Wodonga and surrounding areas. Our aim is to provide you with enough of the right kind of assistance to help you to remain living independently in your home for as long as you choose to and it is safe to do so. If you feel that you need some help at home, please call our friendly office staff.

Home Care Packages are the next level of care, offering more specialised support. My Aged Care (1800 200 422) is the gateway to access a Home Care Package. Westmont offers case management, service delivery and referrals to those on home care packages.

The National Disability Insurance Scheme (NDIS) rolled out in our area on 1 October 2017. Some of our existing younger clients are transitioning to NDIS plans. As Westmont is aged care focussed, we are offering services to our existing clients in the over 40's age groups. Younger disability clients will be better provided for by disability specific providers who can best cater for their needs.

Community Care is now providing services to a broad spectrum of our community both subsidised funded services and private fee for service. These are;

Commonwealth Home Support Program (CHSP)

Home and Community Care Program for Younger People (HACC PYP)

Department of Veterans Affairs

Veterans Home Care (DVA)

Home Care Packages (HCP)

National Disability Insurance Scheme (NDIS)

Brokerage Services – contracted by other providers

Private Fee for Service – for individuals who are not eligible for any funding.

Christine Odewahn – 02 6043 9867
Community Care Manager

Apartment Announcements

Residents were able to have their first look at the new Recreation Centre with a specially arranged walk-through the day prior to Wheels at Westmont Open day. Many were impressed with the colour scheme and patterned carpet, especially the dance floor.

A concept plan for the proposed Dementia Cottages has been posted for all residents to view. This will, if ratified by the Board of Governance, be constructed on the land which was originally planned to house Stages 3 and 4 of Apartments.



Please contact me if you would like to discuss your possible future living at Westmont. Those prospective residents currently on the waiting list are asked to advise me when circumstances change.

Chris Boyer - 02 6043 9832
Manager—Apartments and Village

Baranduda Men's Shed at Westmont

New Members Welcome!
Equipment ready to use
For further information call Bob

on

02 6043 9989

9.30am to 12 noon
Tuesdays and Fridays



Village Voice

The Villa residents Annual General Meeting was held in the state of the art Recreation Centre – the first official occasion and only two days prior to the Wheels at Westmont Open day – enabling these residents a 'look see' before everyone else. The construction team worked tirelessly to have our newest asset ready for the Open day.

With only four sites now available, the Westmont precinct is almost completely committed to prospective residents, although the ageing-in-place concept is working well with a number of Villas being re-leased. Construction is vigorous with at least one Villa being completed each week.

The Village vibe is growing with an enthusiastic bunch of residents planning and instigating various activities including their most popular and recent – a Treasure Stall at the Wheels at Westmont Open day. Sales were strong and a successful fundraising campaign has kicked off this group and its projects. There are other groups meeting regularly to enhance an energetic and lively community.

A warm welcome to all our new residents who have recently joined the Westmont family.

You are welcome to contact me on 6043 9832 to discuss your possible future living at Westmont.

Chris Boyer - 02 6043 9832
Manager—Apartments and Village

Display Villa OPEN

Mon—Fri 9am to 4pm

Saturday by Appointment

Volunteers Needed

A heartfelt "thank you" to our Meals On Wheels volunteers.

If you would like to become a Meals on Wheels volunteer please call

Michelle McIntosh—Meals on Wheels Coordinator Ph: 02 6043 9867

Homestead Activities

Homestead residents certainly made the most of this year's Wodonga Senior Celebrations going to a number of events and having a wow of a time. Yackandandah's own, Pete Denehy, kept the crowd entertained with comedy and blue-grass music, then *The Beatles Show* successfully recreated the look and sound of the original Beatles, the *Villian's Fashion Parade*, held at the Westmont Community Centre, featured local fashion and crazy hats, and of course, *Wheels at Westmont*, had something for everyone with a display of classic, heritage and custom vehicles, live entertainment, horse and carriage rides and stalls galore.

We're still on a high with the festive season just around the corner!

Wishing you all a very Merry Christmas and a safe and Happy New Year from the Activities team.

Julie Hovey—Activities

Recreation Centre

The Recreation Centre is the latest addition to Westmont's master plan with a budget of 2.25 million dollars. We are almost near completion with full operation by January 2018.

This communal facility incorporates a floor space of around 850 square metres, large outdoor BBQ area and children's playground.

A modern-contemporary design, the main building is designed around a large function room with bar and kitchen, snooker room, 2 meeting rooms, offices, activities room, climate controlled indoor swim spa and fully equipped gymnasium.

The function room area will seat 120 guests and hosts a stage, dressing room, spotted gum hardwood dance floor, granite serveries, state of the art audio and visual equipment, hearing loop, lounge area and fully licenced bar.

At the front of the site is the 145 square metre outdoor BBQ area which is equipped with 2 large built- in mains gas hot plates, seating for 60, speakers, lighting and ceiling fans. Attached to this area will be the children's playground.

Working with user groups from the village, staff and contractors has been challenging at times but also been a very rewarding part of the last 12 months. This project has been about supplying a quality environment for our residents and community to enjoy.

If you would like more information about any of the available spaces and/or would like to hire them e.g. meeting room, function centre please feel free to contact me.

Peter Ward—Project Manager (Hotel Services Manager)
02 6043 9999

